

2011 State Profile — Maine

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Maine, 213 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 10,769 clients in substance abuse treatment on March 31, 2011. The survey response rate in Maine was 95.2%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	128	60.1	5,128	47.6	387	55.1
Private for-profit	74	34.7	4,998	46.4	277	39.4
Local, county, or community government	4	1.9	310	2.9	25	3.6
State government	0	0.0	0	0.0	0	0.0
Federal government	3	1.4	213	2.0	0	0.0
Dept. of Veterans Affairs	3	1.4	213	2.0	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	4	1.9	120	1.1	14	2.0
Total	213	100.0	10,769	100.0	703	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	78	36.6	5,694	52.9	362	51.5
Mental health services	27	12.7	1,303	12.1	49	7.0
Mix of mental health & substance abuse treatment services	101	47.4	3,572	33.2	288	41.0
General health care	6	2.8	180	1.7	4	0.6
Other/unknown	1	0.5	20	0.2	0	0.0
Total	213	100.0	10,769	100.0	703	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	172	89.6	4,415	41.0	373	
Clients with drug abuse only	140	72.9	4,724	43.9	435	
Clients with alcohol abuse only	150	78.1	1,618	15.0	143	
Total²	192		10,757	100.0	951	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	187	87.8	10,293	95.6	24	590	83.9
Regular	180	84.5	5,924	55.0	18		
Intensive	43	20.2	673	6.2	10		
Day treatment/partial hospitalization	14	6.6	152	1.4	3		
Detoxification	16	7.5	8	0.1	0		
Methadone maintenance	10	4.7	3,536	32.8	470		
Residential (non-hospital)	28	13.1	429	4.0	12	113	16.1
Short term	8	3.8	53	0.5	7		
Long term	24	11.3	358	3.3	12		
Detoxification	2	0.9	18	0.2	18		
Hospital Inpatient	7	3.3	47	0.4	5	0	0.0
Treatment	4	1.9	11	0.1	1		
Detoxification	6	2.8	36	0.3	4		
Total	213		10,769	100.0	20	703	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	9	0.8
Clients in Facilities with OTPs		
Methadone	3,529	98.0
Buprenorphine	72	2.0
Total	3,601	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	201	94.4
Private health insurance	176	82.6
Medicare	114	53.5
Medicaid	177	83.1
Other State-financed health insurance	88	41.3
Federal military insurance	119	55.9
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	5	2.3
No payment accepted	1	0.5
Accepts other payments	1	0.5
Sliding fee scale	149	70.0
Treatment at no charge for clients who cannot pay	86	40.4

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	206	96.7
State substance abuse agency	195	91.5
State mental health department	120	56.3
State department of health	57	26.8
Hospital licensing authority	15	7.0
The Joint Commission	22	10.3
CARF ²	19	8.9
NCQA ³	2	0.9
COA ⁴	43	20.2
Other State/Local Agency/Org	8	3.8

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	78	36.6

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	212	99.5
Screening for substance abuse	208	97.7
Screening for mental health disorders	180	84.5
Comprehensive substance abuse assessment or diagnosis	204	95.8
Comprehensive mental health assessment or diagnosis	115	54.0
Screening for tobacco use	130	61.0
Outreach to persons in the community who may need treatment	80	37.6
Interim services for clients when immediate admission is not possible	86	40.4
Testing	117	54.9
Breathalyzer or blood alcohol testing	58	27.2
Drug or alcohol urine screening	108	50.7
Screening for Hepatitis B	36	16.9
Screening for Hepatitis C	36	16.9
HIV testing	37	17.4
STD testing	29	13.6
TB screening	39	18.3
Counseling	212	99.5
Individual counseling	211	99.1
Group counseling	146	68.5
Family counseling	170	79.8
Marital/couples counseling	158	74.2
Transitional Services	206	96.7
Discharge planning	198	93.0
Aftercare/continuing care	160	75.1
Pharmacotherapies	81	38.0
Medications for psychiatric disorders	59	27.7
Nicotine replacement	37	17.4
Campral [®]	40	18.8
Antabuse [®]	34	16.0
Naltrexone (oral)	42	19.7
Vivitrol [®] (injectable Naltrexone)	19	8.9
Buprenorphine	50	23.5
Subutex [®] or generic	34	16.0
Suboxone [®]	49	23.0
Methadone	13	6.1
Non-nicotine smoking/tobacco cessation medications	26	12.2
Ancillary Services	210	98.6
Case management services	100	46.9
Social skills development	115	54.0
Mentoring/peer support	62	29.1
Child care for clients' children	3	1.4
Assistance with obtaining social services	111	52.1
Employment counseling or training for clients	41	19.2
Assistance in locating housing for clients	70	32.9
Domestic violence	76	35.7
Early intervention for HIV	19	8.9
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	60	28.2
Hepatitis education, counseling, or support	41	19.2
Health education other than HIV/AIDS or hepatitis	59	27.7
Substance abuse education	189	88.7
Transportation assistance to treatment	48	22.5
Mental health services	160	75.1
Acupuncture	1	0.5
Residential beds for clients' children	2	0.9
Self-help groups	51	23.9
Smoking cessation counseling	50	23.5

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	205	96.2
Relapse prevention	202	94.8
Cognitive-behavioral therapy	205	96.2
12-step facilitation	125	58.7
Motivational interviewing	198	93.0
Anger management	160	75.1
Brief intervention	166	77.9
Contingency management/motivational incentives	112	52.6
Trauma-related counseling	175	82.2
Rational emotive behavioral therapy (REBT)	64	30.0
Matrix model	40	18.8
Community reinforcement plus vouchers	17	8.0
Other treatment approaches	43	20.2

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	20	3
Number of clients ²	377	37
Number of designated beds	310	60
Utilization rate (%)	121.6	61.7
No. of designated beds/facility (avg.)	16	20

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

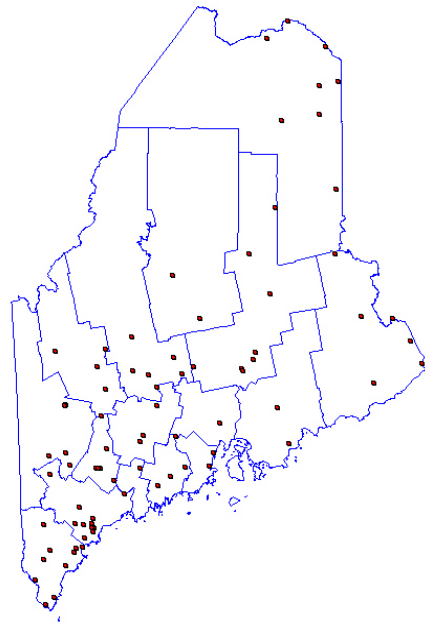
	Facilities	
	No.	%
Any program or group	167	78.4
Co-occurring disorders	67	31.5
Adult women	38	17.8
Adolescents	40	18.8
DUI/DWI offenders	98	46.0
Criminal justice clients	31	14.6
Adult men	29	13.6
Pregnant or postpartum women	17	8.0
Persons with HIV or AIDS	8	3.8
Seniors or older adults	5	2.3
Lesbian, gay, bisexual, or transgender clients (LGBT)	10	4.7
Other groups	21	9.9

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	101	47.4
Any language other than English	68	31.9
Non-English Language Provided by:		
On-call interpreter only	54	79.4
Staff counselor only	8	11.8
Both staff counselor and on-call interpreter	6	8.8
Languages Provided by Staff Counselor:¹		
Spanish	6	42.9
American Indian/Alaska Native languages	1	7.1
Other	12	85.7

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/